

# Report Example

Research Review Report<sup>1</sup>

**Department of Psycholinguistics - WorldBridge Education**

2

## **Cognitive Effects of Bilingualism Report<sup>3</sup>**

06/15/2016

### **Reviewed articles:**

- Bialystok & Codd, 1997
- Bialystok & Senman, 2004
- Bialystok et al., 2004
- Bialystok et al., 2010
- Gollan et al., 2002
- Gollan et al., 2005
- Ransdell & Fischler, 1987<sup>4</sup>

### **Negative Effects of Bilingualism on Language Development:**

- Smaller vocabulary size – having to “store double” words results in knowing fewer lexical items in both languages
- Slower and less accurate picture naming – When shown a picture bilinguals take longer and are less precise than monolinguals are
- Bilinguals result overall less fluent
- More tip-of-the-tongue state (i.e. successful semantic processing but failure of the phonological one)

---

<sup>1</sup> *Report Type*: Specify the type of report you are writing.

<sup>2</sup> *Institution*: Specify the name of the Institution

<sup>3</sup> *Report Title*

<sup>4</sup> *References*: Try using titles for each paragraph, and start providing references for your arguments.

- Slower in lexical decisions – bilinguals take longer to decide whether something is a real word or not.<sup>5</sup>

### **Negative Effects Conclusions:**

These are all effects of language interference (i.e. the effect that one language has on the speaker's ability to comprehend and articulate the other).<sup>6</sup>

06/15/2016

### **Positive Effects of Bilingualism on Language Development:**

- Greater task-switching and multitasking abilities – frequent language switching leads to better inhibition of distracting stimuli and better management of multiple stimuli at once.
- Better understanding of cardinality – bilinguals are more used to looking at stimuli from multiple angles.
- Better at distinguishing appearances from reality – bilinguals are more used to interpreting stimuli in different ways.

### **Long-Term Positive Effects of Bilingualism on Cognitive State:**

- Lifelong bilingualism (starting in early adulthood at the latest) protects individuals against cognitive decline by reducing the rate of the natural slowing that comes with age.
- Lifelong bilinguals (starting in early adulthood at the latest) diagnosed with dementia on average show symptoms of the disease 4 years later than comparable monolinguals.
- Lifelong bilinguals (starting from early adulthood at the latest) diagnosed with Alzheimer's Disease on average show symptoms of the disease later than comparable monolinguals – no signs that it slows down the progression of it, but just raises the threshold that needs to be reached before showing symptoms.
- Current studies seem to be showing that trilingualism may enhance these long-term benefits to an even greater degree.

### **Positive Effects Conclusions:**

These benefits rely on the enhanced neuroplasticity and improved inhibitory control that come with frequent switching between two (or more) languages and dealing with language interference.

---

<sup>5</sup> *Arguments:* Explain briefly and concisely your points following a logical order. If you can, try using bullet-points.

<sup>6</sup> *Conclusion:* Have a brief conclusion, where you summaries your main points.

Chiara Dellea  
*Research Reviewer*  
*Director of Studies*  
*WorldBridge Education*<sup>7</sup>

---

Per maggiori informazioni e altri esempi di lettere formali visita:  
<http://worldbridge.it/blog/corsi-di-lingua-inglese/lettera-formale-inglese>

**WorldBridge** è un'agenzia di professionisti specializzata in [corsi di inglese](#), [vacanze studio](#), [traduzioni simultanee](#) e [traduzioni documentali](#) con sede a Milano.

---

<sup>7</sup> *Signature*: try including your titles, so your reader can understand what authority you have to be writing this report.